

Lockwood South Primary School



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20th August 2025

Family Name _____

20th 八月 2025

2025 Parent / Caregiver / Guardian Opinion Survey

Our school is conducting the annual Parent / Caregiver / Guardian Opinion Survey offered by the Department of Education and is seeking your feedback. The survey is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behavior, and student engagement. The survey is optional, but we encourage and appreciate your participation. Our school will use the survey results to assist in identifying areas for improvement and professional development needs in the school, to target school planning and improvement strategies. The Parent / Caregiver / Guardian Opinion Survey will be open online from **Monday 18 August to Friday 19 September 2025**.

The survey will be conducted **online**, only takes **20 minutes** to complete, and can be accessed at any convenient time on desktop computers, laptops, tablets or smartphones.

The online survey will be available in English and 10 other languages including Arabic, Greek, Hakha Chin, Hindi, Japanese, Punjabi, Simplified Chinese, Somali, Turkish, and Vietnamese. Resources are also available in additional languages to assist parents / caregivers / guardians who speak a language other than English at home. Please reach out to your child's teacher, or the school directly for survey guides in your language.

The PCGOS survey link is provided below. The survey link is the same for all schools and campuses, regardless of the PIN approach your school has chosen.

<https://research.orima.com/parent>

School Name: Lockwood South Primary School

Campus Name: Lockwood South Primary School

Your school's generic PIN is: 483228

The Smile Squad free school dental program is coming to our school

The Smile Squad team from Bendigo Health are coming to our school next **Monday 25th August**.

How to access free dental care

We need your consent before we can provide services. Consent is usually provided by a parent or guardian.

Sign up to Smile Squad at: <https://bit.ly/smilesquadvic> OR use the below QR code:

Paper copies of the consent form were sent home with your child's dental care kit.



Mingming & Yaoyao

We hope you have enjoyed your brief time at Lockwood South Primary School and take many happy memories with you.

Thank you for your continued support of Lockwood SOUTH Adam Torney

Personal Best - Mutual Respect - Caring - Community

| | |
|---|--|
| August | |
| Monday 25 | Smile Squad visit Responsible Pet visit |
| September | |
| Tuesday 2 | MARC Van |
| Friday 5 | Father's Day Breakfast |
| Tuesday 16 | MARC Van |
| Friday 19 | Last Day Term 3 |
| DIRECT DEBIT DETAILS: BSB: 063-093 ACC: 10001776 MUST REFERENCE NAME & PAYMENT FOR. Eg: uniforms, OHSC | |
| <u>OSHC</u> Due to commitments there will be NO after School care on Monday the 1st or Tuesday 2nd of September | |

Stars of the Week

Week 3 Hakea Classroom-Jet

For displaying the strength of [Honesty](#) which demonstrates our school value of [Understanding](#)

Congratulations Jet on being this week's star of the week. I have been very impressed with your willingness to listen and follow the teachers' instructions. Your self-regulation when doing independent and small group work has been fantastic to see. Thank you also for continuing to make positive comments to your peers when they are struggling with a task. Keep up the great work Jet.

Week 4 Hakea Classroom—Abby

For displaying the strength of [Perseverance](#) which demonstrates our school value of [Achievement](#)

Congratulations to Abby Lynch for showing Perseverance by tackling challenges with determination and approaching her learning with a joyful, positive attitude. Abby's enthusiasm and effort have been an inspiration to others this week. Well done, Abby!

Week 3 Wattles Classroom-Baylee

For displaying the strengths of [Persistence](#) which demonstrates our school values of [Striving](#).

Congratulations to Baylee for demonstrating the strength of Persistence by adapting so well to having her broken wrist and working hard on improving her left-handed writing.
Well done, Baylee!

Week 3 Wattles Classroom-Jarrah

For displaying the strengths of [Perseverance](#) which demonstrates our school values of [Achievement](#).

Congratulations to Jarrah for demonstrating the strength of Perseverance by putting in his best effort in all activities.
Well done, Jarrah!

Week 4 Wattles Classroom-Clem

For displaying the strengths of [Leadership](#) which demonstrates our school values of [Teamwork](#).

Congratulations to Clem Gray for showing the strength of Leadership by stepping up to guide and support others, setting a great example for her peers, and always working towards shared goals. This displays our school value of Teamwork in the way Clem encourages collaboration and ensures everyone feels included. Well done, Clem!

Week 4 Wattles Classroom-Xavier

For displaying the strengths of [Pride](#) which demonstrates our school values of [Achievement](#).

Congratulations to Xavier King for showing the strength of Pride in his work by always giving his best effort, paying attention to detail, and producing work he can be proud of. This demonstrates our school value of Achievement through his commitment to reaching high standards. Well done, Xavier!

STEM Makers Market

This term in STEM we are working hard to design and create our own products to sell at our 'Makers Market'. Details of the market date will be made available later in the term.

To improve our financial literacy skills, students have been given a budget to work to create the products they sell. Students are also building their own business brands complete with logos and advertising. We have big ambitions! You may even be asked to invest or assist with sourcing recycled materials for construction.

Meet our business owners...

We are Priya & Brydee, and we are running Hop-scotch Designs together. We will be selling: Jewellery, Jewellery Holders, Home Décor, a Lucky Scoop, Lolly Bags, Fake Nails, and Some Fidgets, we look forward to serving you at our stall!



HELLO !!! We are Lucy, Willem and Sophie, we run a store by the name of Sea Starz! We are going to make and sell ocean themed trinkets like bracelets, keychains and sculptures. We are VERY excited to sell some our items!!!

Hi, My name is Maisie. My business name is Sunny Side up and I am creating and selling balloon people, jewellery, blind bags and some trays to go with the jewellery. I am excited to have my own stall!



CUTIE KITT
Stationery

CUTER THAN YOUR PET

Hi, my name is Alexis, and I run the Cutie Kitty Stationery. I sell pen/pencil holders in different themes and have themed sets. I have animals, colours, and more! The resources have been recycled and sourced from school. I hope you come and buy some!



CHERUB JEWELLERY
By Eva

Hi my name is Eva and I am the creator of Cherub Jewellery. All my jewellery is made by hand. My business name is named after a dog in my life that recently passed away and I would love it if you come for a visit when we have the market.

Hi this is Aiden, Ollie and Tom. We are selling lots of fun things like ninja stars! We will have a claw machine and it is going to have lollies in it and are selling clay creations like fake hot dogs, plates and bowls.



Hi I'm Jarrah. My business name is Real Military. I'm going to be making and selling military badges.

Hi, my name is Xavier and my partner is Oscar. We are going to run a store named The Keymark's and we are going to sell keychains and bookmarks. Not to brag, but they are probably the best ones on the market. We are designing and creating them ourselves. We hope to see you at our store! Bye, have a great day.



Hi, we are Leo and Blair, and we are selling beautiful dog and cat collars. We are selling charms that you can accessorise your dog/cat collars with. All charms will be sold separately, so you can also use them to accessorise anything you want such as car keys and teacher lanyards.

Bookweek Parade



Scholastic Book Club



Issue 6 is attached to this newsletter. Orders can be processed through LOOP or placed through the school by bringing orders, with money to the school office. Please return to the school office by **Monday 1st September.**
Thankyou Jo Egan

OSHC

In OSHC this week, we have designed houses and built buildings using the lego bricks. We have played games of Charades, Pop the Pirate and Monster Crunch. Our art activity has been colouring.



Outside, we have been playing down ball and skipping games under the undercover area, and on the oval practising our footy skills.

Please let me know if you need your child to be in either before or after school care.

Due to commitments there will be NO after School care on **Monday, the 1st or Tuesday, the 2nd of September.**

Breakfast Club, has now begun and will be offered every Tuesday, Wednesday and Thursday to the second last week of term. Thankyou Sue Stewart



Happy Birthday to Abby

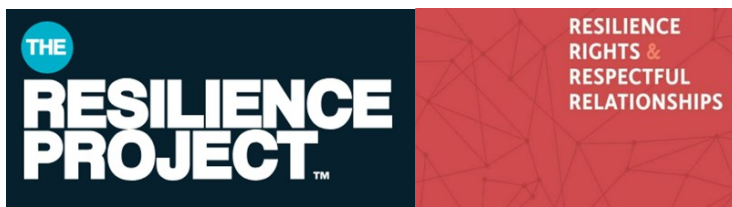
GEM Awards

Tom C- Empathy: For cheering on members of his group that were struggling in Gym

Clem- Empathy: For helping the younger students put on their shoes and socks at the end of Gym

Mackenna- Empathy: For helping Evie during gym, holding her hand while on the balance beam, and being a great emotional support

Aidan- Empathy: For trying to include everyone in games at lunch time and taking the time to explain the rules of the game



This year Lockwood South Primary School has been participating in the Bullying No Way: National week of action, 11 to 15 August 2025.

Bullying No Way Week is a commitment being made by thousands of schools and supporters across the country. It provides an opportunity to demonstrate our commitment to bullying prevention. It gives us an opportunity to connect with students, staff and school communities to implement workable solutions to prevent bullying.

The theme for this year's campaign is Be Bold. Be Kind. Speak Up.

It takes a community to be brave and address bullying behaviours, within and beyond the school gate.

Students can be bold, kind and speak up to support others being bullied. While trusted adults are there to support children and young people learn how to be kind to each other and report bullying.

This Bullying No Way Week, we're asking you to be bold and say something, be kind and support someone and be proud to speak up against bullying.

For more information about Bullying No Way Week and bullying prevention, visit the Bullying No Way website.

During the week we have been engaging students in meaningful discussions and activities aimed at promoting empathy, understanding and respect for diversity. We encourage families to take this opportunity to have open and honest conversations with your child about the impact of bullying and what they can do if they need support.

By working collaboratively within our community, we can collectively help reduce bullying.

Families play an important role in helping children understand bullying and know how to respond to it.

If your child tells you about things at school, or you observe something in public that involves conflict or bullying, take the opportunity to talk about what bullying is. You can learn more about what defines bullying at bullyingnoway.gov.au.

Questions you could ask:

- What do you think bullying is?
- Have you seen it? How did you feel?
- Have you ever felt scared at school because of bullying?
- As well as me, who are the other adults you would talk to when it comes to things like bullying?
- Have you or your friends left other kids out on purpose? Do you think that was bullying? Why or why not?
- Have you ever tried to help someone who is being bullied? What happened? What would you do if it happens again?



Remind your child that bullying is never okay and discuss how they can respond safely if they experience or witness it.

Encourage them to seek help from a trusted adult and keep seeking support if needed.

By promoting open communication, we empower children to stand up against bullying and create a safer environment where everyone can feel that they belong.

For more information visit bullyingnoway.gov.au

When your child brings you a school problem: To intervene or not to intervene?



By Michael Hawton, Child Psychologist (MAPS) and [ParentsShop](#) founder.

Every parent knows this scenario: your child comes home upset about a school problem—being excluded from a group project, receiving an unfair detention, or friendship troubles. Their distress is genuine, and your instinct is to protect and fix things. But should you?

School leaders across Australia report a significant increase in parental interventions over seemingly minor issues. This isn't just helicopter parenting—it reflects our heightened awareness of potential problems and anxiety about our children's wellbeing. However, this vigilance may inadvertently undermine our children's resilience and problem-solving abilities.

Research by Dr. Eli Lebowitz and his colleagues at Yale Child Study Center has shed fascinating light on what happens when parents consistently step in to alleviate their children's distress. This behaviour, known as "accommodation," involves changing our own actions to prevent or reduce our child's anxiety or discomfort.¹

When parents immediately contact schools about conflicts, request teacher changes, or remove children from uncomfortable situations, we unintentionally communicate: "This situation is too difficult for you to handle." Research shows this can inadvertently maintain and increase childhood anxiety over time².

The challenge is being supportive without accommodating. Instead of saying, "Don't worry, I'll speak to your teacher about that detention," try: "That sounds frustrating. What do you think your options might be?" This acknowledges their distress while empowering them to develop coping strategies.

A 5-step framework for decision-making for parents

1. Assess safety: If your child faces physical danger or serious psychological harm (persistent bullying, discrimination), immediate intervention is appropriate.
2. Apply the "what if" test: Ask yourself what would happen if you didn't intervene. Often, your child might feel uncomfortable but isn't in genuine danger.

¹ Lebowitz, E. R., Woolston, J., Bar-Haim, Y., Calvocoressi, L., Davenport, T., Hunter, L., ... & Leckman, J. F. (2013). Family accommodation in pediatric anxiety disorders. *Depression and Anxiety*, 30(1), 47-54. <https://doi.org/10.1002/da.21998>

² Lebowitz, E. R., Panza, K. E., Su, J., & Bloch, M. H. (2012). Family accommodation in obsessivecompulsive disorder. *Expert Review of Neurotherapeutics*, 12(2), 229-238. <https://doi.org/10.1586/ern.11.200>

3. Consider the learning opportunity: Could this situation help develop important life skills like disappointment management, conflict resolution, or self-advocacy?
4. Check your emotions: Approach the situation with "caring detachment"—caring for your child's distress without becoming distressed yourself.
5. Evaluate patterns: Is this part of a recurring pattern where you consistently solve problems your child could handle?

When choosing not to intervene directly, you're providing something valuable: the opportunity to develop coping capacity. Here's how to support effectively:

- Listen without immediately problem-solving: Sometimes children need to be heard more than they need problems fixed.
- Ask curious questions: "What do you think might work?" helps children think broadly about options.
- Acknowledge feelings: "I can see this is bothering you" validates their experience without agreeing intervention is necessary.
- Share confidence: "This is tricky, but I believe you can work through it" communicates faith in their capabilities.

Sometimes working with schools is essential. The key is involving your child in the process: "I think this warrants a conversation with your teacher. Would you like to speak to them first, or shall we arrange a meeting together?" This maintains your child's agency while providing necessary support. Parenting isn't about ensuring children never face difficulties—it's about preparing them to navigate challenges with confidence. Every time we resist immediately fixing a problem our child could handle, we make a deposit in their confidence bank.

The most loving thing we can do is believe in our children's capacity to cope, even when they don't yet believe in it themselves. By supporting without accommodating, we help them develop the resilience they'll need throughout life.

To learn more about supporting your child's emotional development and building resilience, explore our resources at Parentshop - <https://www.parentshop.com.au/for-parents/>.

Michael Hawton is founder of Parentshop, providing education and resources for parents and industry professionals working with children. He has authored two books on child behaviour management: *Talk Less Listen More* and *Engaging Adolescents*. You can find more information, including his books and self-paced online parenting courses at <https://www.parentshop.com.au/parent-courses/>

Grade 6 Leadership

The grade 6's are now selling customised Lockwood South Primary School beanie. Funds will be used for our Energy Breakthrough Program. Order forms will come home as soon as stock arrives, they will sell for \$20 each.

Cash sales only



Friday Hot Lunches

Order forms are available from the school office and will need to be returned by Thursday morning each week.



Chicken Nuggets are available

Hats

It is coming up to Hat wearing time of year again: 1st September to 31st April as part of our SunSmart Policy. All students require a school hat otherwise they must stay in the undercover area.



Hats are available from the school office.

Slouch hats -\$15

Bucket hats -\$11



SCHOOL CAN'T

WHEN:
SATURDAY 13TH
SEPTEMBER 2025

TIME:
11AM-12PM
Followed by a
Light Lunch

WHERE:
LAKESIDE
HOTEL
286 Napier Street
Bendigo

IS YOUR CHILD OR YOUNG
PERSON STRUGGLING WITH
SCHOOL ATTENDANCE?

Come along to this event and hear Tiffany Westphal, Director, School Can't Australia, talk about the experience of school can't.

Learn about tools, support, and resources to help you feel empowered and confident to advocate for your child.

REGISTER YOUR ATTENDANCE



www.trybooking.com/DEJNP



Father's Day Breakfast

We invite all Fathers to come along to Lockwood South Primary School for a Father's Day Breakfast on Friday 5th September from 8am to 9am



LA TROBE SPORT HOLIDAY CAMPS

LA TROBE SPORTS CAMPS (AGES 6+)

MULTI-DAY PACKAGES AVAILABLE! REGISTER
FOR THE SPRING SCHOOL HOLIDAYS TODAY!



**2025-2026
JUNIOR
SEASON**

REGISTER NOW BY SCANNING THE QR CODE
OR VISIT PLAY.CRICKET.COM.AU

U11-U18

CRICKET BLASTER

ALL GIRLS CRICKET

NEW PLAYERS WELCOME.
ALL NEW PLAYERS RECEIVE A
FREE PLAYING SHIRT AND BUCKET
HAT.

All Inquires can be made via our JNR COORDINATOR:
Rob Gallagher 0409357287
rgbobbygallagher@gmail.com

BUILDPRO

calling all coaches

**KFJC are seeking expressions of
interest for all coaching positions
for the 2026 BJFL season**
(Head Coach, Co-Coaches & Assistant Coaches)

in the following age groups:

- UNDER 9 MIXED
- UNDER 10 MIXED
- UNDER 12 GIRLS
- UNDER 12 MIXED
- UNDER 14 BOYS
- UNDER 15 GIRLS
- UNDER 16 BOYS

Expressions of interest close 30th September 2025

Register your interest
via the qr code or our email address

GO ROOS!

Email: kangarooflatjfc@hotmail.com.au
Dower Park - 1A Station Street, Kangaroo Flat VIC 3555